

Using Touch to Learn Letters and Sight Words



- Use a cookie sheet and spread any substance such as whipped cream, oatmeal, shaving cream, finger paint, etc. onto the sheet. Dictate or show the child a letter or word for the child to write or copy on the tray with his or her finger.
- Fill a Ziploc bag with pudding, finger paint, or colored hair gel and seal. Lay the bag on a flat surface and have your child use his or her finger to practice writing letters or sight words on the bag. After they write each letter or word, wipe your whole hand across the bag and it will erase like magic!
- Have your child practice writing letters or sight words on sandpaper using their finger
- Ask your child to "read my back"! Trace a sight word with your finger on your child's back to have them guess the word. Add another clue, like "it rhymes with _____" or "it starts with a _____" if they are having trouble guessing correctly. Reverse roles and let them write a sight word on your back.